

# SUMMER FOUNDATION NEWS

## FROM HOSPITAL TO HOME

SUMMER FOUNDATION  
ANNUAL PUBLIC FORUM 2018

11 OCTOBER

THE ARENA, NAB DOCKLANDS, MELBOURNE

Welcome to our Spring update. Looking back over the past few months, it is gratifying to see the positive strides we are taking on a number of issues that contribute to keeping young people out of aged care.

We welcome the recently announced Royal Commission into Aged Care. Our hope is for this Royal Commission to look beyond just making aged care better for young people. The Royal Commission needs to identify the solutions that help young people avoid entering aged care in the first instance.

Over the past few months, the Summer Foundation has been focusing on the need for improvements to the health and NDIS interface. The hundreds of health professionals and executives across the country who have attended our conferences, seminars and training sessions this year are strongly endorsing this focus.

This work is ongoing and will also be the focus of our "From Hospital to Home" Annual Public Forum on 11 October and the following "Leaving Hospital Well" seminar.

On the housing front we launched the Get Building SDA initiative, which aims to increase the number of SDA properties being built. This initiative is all about supporting local organisations and individuals to build accessible housing, so that people with disability have real choice about where they live and who they live with.

Kirsty Martinsen's reflection on the back page is a particularly pertinent reminder of the ground-breaking times we are working in and the importance of collaboration and goodwill to support the NDIS to deliver on its enormous potential.

Warm regards,



Luke Bo'sher  
CEO

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## \$1 MILLION RESEARCH GRANTS

In its continuing work to resolve the issue of young people with disability being forced to live in aged care, the Summer Foundation has launched a \$1 million research grants program.

We are assessing prospective partners for the high quality research that is needed to find ways to improve the lives of young people in aged care or at risk of entering aged care.

It is a problem that involves multiple complex systems, each with different drivers, rules and stakeholders. The Summer Foundation aims to inform and foster systems change, which must be underpinned by a sound evidence base.

"We need high quality research across the aged care, disability, housing, hospitals and primary and community health systems," said Dr Di Winkler, Chief of Research and Innovation. "Our research will identify the factors that shape these systems, the pressure points, costs and potential opportunities for early intervention and catalytic change."

While we have a strong research record, we do not have the resources, expertise or capacity to deliver this research alone.

"The implementation of the necessary research agenda will require \$15 million of investment in research over the next five years," Dr Winkler said.

"Our \$1 million Competitive Research Grants program is designed to establish partnerships with universities and other institutions, which make use of additional resources from partners and seed fund high quality and strategic research that is positioned to secure substantial grant funding."

We have sought Expressions of Interest from institutes, universities and governments interested in partnering with us to deliver this research in 2019 and from early career researchers who want to work with us.

For more information, go to: [summerfoundation.org.au/research-grants](https://summerfoundation.org.au/research-grants)



## RAPID HOUSING PROJECT

When someone with complex support needs is ready to leave hospital, a lack of suitable housing often results in them having to stay for longer periods of time in hospital or rehabilitation or they are forced to move to aged care. While this option may be seen as a temporary solution, often people remain there for many months, or end up staying permanently.

Our Rapid Housing Prototype Project seeks to address this lack of interim solutions with a temporary modular housing option.

The Summer Foundation is working towards a prototype being built and publicly displayed to encourage people to think about temporary housing options.

This project has the potential to reduce the guesswork in early planning, maximise a person's potential for functional improvement, as well as provide opportunities to engage informal supports, thereby reducing long-term support costs.

## SDA IN TASMANIA

The Summer Foundation is reviewing the Specialist Disability Accommodation (SDA) market in Tasmania.

We have been contracted by the Tasmanian Department of Communities (previously the Department of Health and Human Services) to review the SDA market and provide advice on the future management of SDA in Tasmania, including an analysis of demand.

The Tasmanian Government is seeking independent information and advice to help determine its role in the long-term provision and management of SDA.

## FROM HOSPITAL TO HOME

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MELBOURNE

### ANNUAL PUBLIC FORUM

This year's Summer Foundation Annual Public Forum "From Hospital to Home" is on 11 October at NAB Arena in Melbourne.

If you experience a severe injury or a rapid and permanent decline in health, the treatment and care you get in hospital can have a big impact on the rest of your life. But planning for what happens once you leave hospital is just as critical.

"From Hospital to Home" will bring together hospital discharge and disability sector professionals and people with first-hand experience to discuss how to achieve the best outcomes for people with complex needs as they head from hospital to home.

Our panellists are: Dina Watterson, Associate Director Allied Health, Alfred Health; Chris Faulkner, General Manager - Participants and Planning, NDIA; Brynn Lewin, Occupational Therapy Manager and NDIS Transition Lead, Austin Health; and Penny Dorgan, disability advocate with experience of being discharged from hospital with complex needs.

The free event is on Thursday, 11 October, from noon to 1pm at The Arena, NAB Docklands, 700 Bourke St, Melbourne.

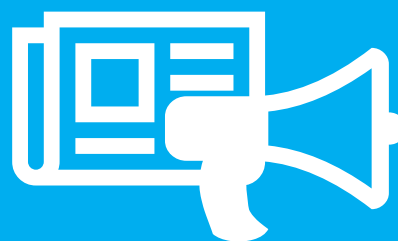
Bookings are essential. Go to: [trybooking.com/YBKW](https://trybooking.com/YBKW)

After the forum, hospital discharge and allied health professionals and support coordinators are invited to stay on for a specialist seminar, "Leaving Hospital Well". For more info and bookings: [trybooking.com/YCGE](https://trybooking.com/YCGE)

### AUSTRALIA-WIDE EVENTS

Nearly 650 people attended our "Leaving Hospital Well" events (eight state forums and a National Symposium) across the country earlier this year.

We collected more than 600 frequently asked questions from audience members and have now emailed responses, grouped together into areas of interest, to all attendees.



### ROYAL COMMISSION INTO AGED CARE

Last week Prime Minister Scott Morrison announced a Royal Commission into Aged Care, with a specific mention about young people.

The quality and safety of care will be part of the Royal Commission. We are hoping it will also look at the system changes needed to prevent young people with disability entering aged care in the first place. We want the Royal Commission to bring health, disability, NDIS and housing to work together to prevent admissions of young people to aged care.

We are putting plans in place to ensure that the voices of young people living in aged care are heard. We will provide support to young people with disability in aged care so they can participate in the Royal Commission by telling their story. Follow our Facebook page for updates on what this support will look like.

### SCHOLARSHIP ANNOUNCEMENT

The 2018 Allen Martin Memorial Lecture and Scholarship Announcement will be on 14 November at the Kew Golf Club.

This year, Professor Fary Khan will discuss the "evolving role of rehabilitation in global health". Professor Khan is the Director of Rehabilitation Services and Clinical Director of the Australian Rehabilitation Research Centre at the Royal Melbourne Hospital.

The recipients of the two \$5,000 Allen Martin Research Scholarships, sponsored by the Rotary Club of Kew and Robinson Gill lawyers, will be announced at the event.

To book for the free 14 November lecture, go to:

[trybooking.com/XIKW](https://trybooking.com/XIKW)



## KIRSTY MARTINSEN REFLECTS ON OUR NATIONAL SYMPOSIUM

The Summer Foundation recently supported Kirsty Martinsen to speak at our Leaving Hospital Well National Symposium. Kirsty spoke about her experiences living with a disability and her hopes for the NDIS and health services to work together. She wrote this postscript:

Back in the cold in Adelaide the post Summer Foundation National Symposium warmth has started to wear off. When in Melbourne my favourite place to visit is always the National Gallery of Victoria. This time there was an exhibition called 'Colony' on, charting the complex history of Australian colonisation from both European and Indigenous perspectives. Looking at the artwork, often by transported craftsmen, of the first settlements in Sydney Cove and Van Dieman's Land, the fine ink drawings of the first penal compounds, and watercolours of clusters of little buildings in protected little coves surrounded by sweeping vistas of bushland, and my thoughts kept turning to the NDIS.

I kept thinking about the pioneering spirit, what those people in 1788 Australia had to deal with.

And my thoughts turned to the first winemakers of the Barossa Valley, planting seeds they'd brought with them from Germany, into the richest soil and most favourable conditions they could find in this foreign land. Two hundred years on, those seeds are gnarled old vines producing some of the world's best wine.

Australia is still grappling with the painful changes forced upon it by European settlement and I don't mean to draw a direct comparison with the changes the NDIS will bring. I'm pondering the pioneering spirit, of planting seeds in fertile soil that become the foundations of a strong, deeply rooted society. And I'm hoping it doesn't take 200 years!

I do feel Australia is at the beginning of a long hard slog and the road ahead may be quite scary and bleak at times, that the shift in consciousness NDIS represents will not happen overnight.

I feel positive for the future for disabled people in this country and must remember to be patient in the years ahead. It's remarkable to be at the beginning of something so important. Watch Kirsty's story: [🌐 summerfoundation.org.au/kirsty-m](https://summerfoundation.org.au/kirsty-m)

## GET BUILDING SDA



### An Initiative to grow Specialist Disability Accommodation

[🌐 getbuildingsda.org.au](https://getbuildingsda.org.au)

### Our Get Building SDA initiative has been launched in regional NSW.

Get Building SDA aims to increase the number of SDA properties for NDIS participants and, as a result, increase the hours of Supported Independent Living (SIL) delivered in NSW.

Specialist Disability Accommodation (SDA) is housing that has been specially designed to suit the needs of people who have an 'extreme functional impairment' or 'very high support needs'.

We estimate that Australia needs more than 12,000 new SDA places to meet demand from people with very high support needs who will receive an NDIS SDA payment. Only a fraction of the SDA that is needed across Australia has been built.

So, starting in regional NSW, Get Building SDA aims to get close to 100 new SDA builds underway before 2020.

We are holding 14 information sessions across regional NSW to give people the information and tools they need to Get Building SDA. Intensive mentoring will be offered to some attendees and enduring resources are being created to support people on their SDA journey.

Five showcase events will also allow SDA providers to connect with NDIS participants who are likely to be eligible for SDA, their families, carers and support providers.

Get Building SDA is a joint initiative between the Summer Foundation and Disability Services Consulting, with funding support from the NSW Department of Industry under the *Smart, Skilled and Hired: Disability Sector Scale Up* program.