



# Can I live in SDA?

## Not all people with disability can live in Specialist Disability Accommodation (SDA). The NDIS decides who can live in SDA.

To be eligible, you must have an **extreme functional impairment** or **very high support needs**.

Having an **extreme functional impairment** means that even if your home has been set up to suit you, you still need assistance to do things like:

- getting out of bed
- getting dressed
- making meals
- going out

Having **very high support needs** means that you need many hours of support every day. It might mean that your parents provide a lot of your support, but they are getting older, or you may have spent a long time living in a group home or nursing home. It may also mean that sometimes the way you act that might not be safe for you or the people around you.

If you want the NDIS to think about whether you can live in SDA, make "I want to live as independently as possible" one of the goals in your NDIS Plan.



For more information, please email:  
[info@housinghub.org.au](mailto:info@housinghub.org.au)



You can watch a video about who can live in SDA here:

[youtu.be/kWgcYk9ixcc](https://youtu.be/kWgcYk9ixcc)

**UpSkill** is a capacity building program for NDIS support coordinators and allied health professionals. For resources, the UpSkill referral directory and the UpSkill community of practice, go to:  
[summerfoundation.org.au/upskill](http://summerfoundation.org.au/upskill)

Sign up for updates at: [summerfoundation.org.au/upskill-mailing-list](http://summerfoundation.org.au/upskill-mailing-list)



For NDIS Support Coordinators  
& Allied Health Professionals

