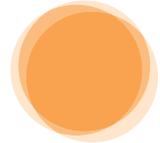




**BUILDING BETTER LIVES
FOR YOUNG PEOPLE
IN AGED CARE**



SUMMER
FOUNDATION



SUMMER FOUNDATION STRATEGIC STATEMENT

SEPTEMBER 2019

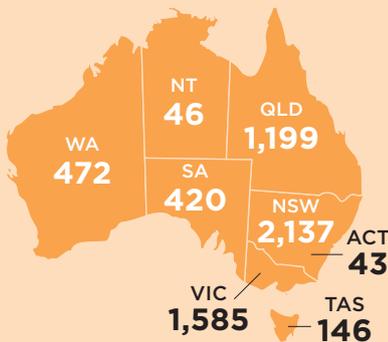




The Summer Foundation exists to resolve the issue of younger people living in Residential Aged Care (RAC). Young people with disability have the right to live where, how and with whomever they choose. Young people with a disability deserve to be appropriately and adequately supported to achieve these choices.

This is an issue that can be solved within the next decade.

The Summer Foundation's strategy is to influence the evolution of the National Disability Insurance Scheme (NDIS). We simultaneously influence the systems and markets that surround, support and impact younger people with disability living in RAC and those at risk of entering RAC.



AROUND 50 YOUNG PEOPLE (UNDER 65) WITH DISABILITY ENTER AGED CARE EVERY WEEK

THE ISSUE

Today in Australia more than 6,000 younger people (aged under 65) with disability are forced to live in RAC. Some of these people move into RAC aged in their 20s or 30s. They typically find themselves living with people aged in their 80s.

The majority of younger people living in RAC acquire a disability in their adult life. Almost half are in a partner relationship and more than one in four are parents of school-aged children. Living in RAC has devastating consequences for a young person. Social inclusion is compromised and it is common for young people living in RAC to rapidly lose ability and independence, which compromises their ability to move into more suitable accommodation.

HOW WE WORK

We use 5 tools to influence systems change:



RESEARCH

Data collection and analysis to provide an evidence base for problem solving



STORYTELLING

Support people with lived experience to share their journeys and perspectives



POLICY INFLUENCE

Shape thinking and change decisions of governments



CAPACITY BUILDING

Share information and best practice with stakeholders



PROTOTYPE

Designing, testing and evaluating new solutions

OVERARCHING GOALS

Sitting above the specific goals which align with our four strategic priorities is an overarching goal which directly aligns with our vision.

WHERE WE WANT TO BE IN 2021	
TARGET	MEASUREABLE
People with disability and complex support needs live where and with whom they choose, with access to high quality housing and support options that enhance health, wellbeing and participation	The number of younger people entering RAC across Australia has decreased by 20%
	The number of younger people entering aged care in 2 regions has decreased by 70%

OUR STRATEGIC PRIORITIES

Four key strategic priorities direct the focus and scope of our work. These priorities are where we can achieve the greatest impact.

We have determined the systems outcome we intend to influence over the three years of this strategic plan in each of these priority areas.

OUR VISION

People with disability and complex support needs live where and with whom they choose, with access to high quality housing and support options that enhance health, wellbeing and participation.

OUR MISSION

To create, lead and demonstrate long-term sustainable systems change that stops young people from being forced to live in Residential Aged Care because there is nowhere else for them.





HOUSING

By June 2021 we expect the volume and range of accessible and affordable housing to have significantly increased.



I had the opportunity to look for some new accommodation and moved (from aged care) into supported independent living about 5 weeks ago. I am still getting used to my independence – a whole new place, brand new, my own room...My husband will be able to stay over sometimes... He's so much happier for me. It's like being at home...

Deb Roughley – late 50s, lived in RAC for 2 years

WHAT WE ACHIEVED IN 2018 – 2019

Navigating the housing market:

- Matched more than 80 tenants with SDA through our Tenancy Matching services
- Upgraded The Housing Hub tenancy matching platform (to version 2)
- 39,384 people visited The Housing Hub website with 259,140 pages viewed

Building and sharing sector knowledge to increase the range and scale of suitable housing:

- Developed Get Building SDA website and associated resources
- More than 350 attendees at 5 workshops to connect PWD and SDA providers
- More than 200 SDA providers and investors shared knowledge at 14 workshops across NSW
- Get Building SDA National Conference built momentum with more than 400 attendees and 20 presenters, including NDIA CEO and Minister for Social Services
- Identified more than 1500 new SDA places in development through a national survey with Social Ventures Australia
- Led joint submission with 21 organisations to the Federal Government review of the SDA Framework

Innovation and collaboration:

- Prototyped a rapid interim housing solution

WHAT'S TO COME IN 2019 – 2020

Navigating the housing market:

- Match more than 100 NDIS participants with new SDA places with further proposals under consideration
- Substantial upgrade to The Housing Hub tenancy matching platform to include participant profile and 'smart matching' functionality (version 3)
- Capture and share stories of housing outcomes
- Understand the barriers to achieving great housing outcomes and share stories of these being overcome

Innovation and collaboration:

- Public displays and engaged housing providers to progress the Rapid Interim Housing solution beyond prototype
- Develop national education resources for SDA providers about Q&S and best practice

Building understanding:

- Roadmap to outline future of disability housing in Australia

Building the evidence base:

- Research into SDA tenant outcomes
- Analyse demand data from people with disability seeking housing
- Pilot different approaches to matching people with disability in hospital with housing
- Partner to deliver the second round of SDA supply survey



NDIS

By June 2021 younger people in RAC and those in the community at risk of entry to RAC should have the capacity and support to achieve their goals through access to the NDIS.



I am disabled but I still want the same things non-disabled people do, somewhere friends and family can come and stay/visit and to have friends in the community. I did not change my personality or my intellect as a result of my disability.

Janice Edwards* - mid 30s, lived in RAC since 2013

WHAT WE ACHIEVED IN 2018 – 2019

Summer Foundation impact on NDIS response to needs of younger people in RAC or those at risk:



Advocacy at more than 15 meetings with ministers, advisors and senior officials



Informed the development of Federal Government National Action Plan to halve number of young people in RAC by 2025



NDIS report cards to monitor NDIS performance



Published 4 written resources and 13 digital products to help young people in aged care get a good NDIS plan



Better implementation of NDIS plans:



Launched 'UpSkill' to build capacity of support coordination workforce



Training sessions for support coordinators in how to work with younger people in hospital/aged care

WHAT'S TO COME IN 2019 – 2020

Better implementation of NDIS plans:



Data collection to analyse NDIS plans, describe support needs and measure outcomes



Participate in YPIRAC Aged Care Action Plan reference group



NDIS report cards to monitor NDIS performance



Contribute to new National Disability Agreement



Share stories of excellent support coordination

Building workforce capacity:



Expand UpSkill program to build the capacity of support coordinators

* Indicates a pseudonym



PATHWAYS HOME

By June 2021 clear communication and effective collaboration between health, disability and other systems will support young people to return to the community post hospital discharge.



I didn't notice any difference being discharged from hospital with my NDIS plan. It was just like before. I think if the NDIS were involved it would be more streamlined. I'd be able to access services and support hours straight away. It could be all organised at once instead of leaving the hospital and waiting for a plan review to try to add services to my plan. If I had these things when I was discharged I would get better faster instead feeling like I'm going backward about 50 steps.

Lucy Stephens* - mid 30s, avoided RAC now in shared supported accommodation

WHAT WE ACHIEVED IN 2018 - 2019

Young people have better support to leave aged care:



15 written resources and 7 digital products to help aged care and ACAT providers



support young people to leave aged care



Built skills for aged care and ACAT providers at 8 workshops for 57 attendees

Bringing national focus to the issue:



43 workshops for 1,411 hospital discharge staff to better work with young people



Annual Public Forum entitled From Hospital to Home



Supported 100 people to make submissions to Aged Care Royal Commission



Developed Collaborative Discharge Approach (CDA) that provides a clear framework on hospital discharge that will guide all our future work with hospitals

WHAT'S TO COME IN 2019 - 2020

Bringing national focus to the issue:



Entering into partnerships with large hospitals to scale up the Collaborative Discharge Approach (CDA)



Summer Foundation submission & evidence to Royal Commission with focus on halving the number of young people in aged care



Policy input into the relationship between health and NDIS in supporting participants to discharge from hospital to home



Increase our engagement with hospital senior executives on supporting NDIS participants in their discharge journey

Research:



Journal article analysing rehab patients discharged to aged care between 2012 and 2017



Evidence gathering around discharge processes and younger people's pathways into aged care

* Indicates a pseudonym



PRIMARY & COMMUNITY HEALTH

By June 2021 the challenges and barriers to proactive primary and community health services should be defined and potential solutions explored.

“

It would be helpful to go through a discharge planning process when you leave the nursing home...“You need to have someone who looks at supports, therapies, housing, technology and work. They help you learn new skills and to manage your own plan. You need to integrate into the community you are part of, which is what I’m sadly still lacking.”

Vicki Wilkinson – late 40s, lived in RAC for 4 years

WHAT WE ACHIEVED IN 2018 – 2019



A scoping review to examine the health needs, costs and service utilisation of people with disability and complex support needs

WHAT’S TO COME IN 2019 – 2020



Engagement with primary and community health professionals across Victoria



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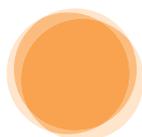
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