

Breakfast Club Lecture Series 2018

The Summer Foundation is proud to announce the Breakfast Club professional development lecture series for 2018 on brain injury rehabilitation, providing information about up-to-date research and clinical practice.



1 Wednesday 7 March

TOPIC: Art as a catalyst for change in acquired brain injury

A presentation of preliminary research findings into an art therapy program at the Royal Talbot Rehabilitation Centre, outlining the benefits of art therapy within a more traditional therapeutic framework

PRESENTERS: Erica Mainprize, private art therapist, Royal Talbot Rehabilitation Centre
Dr Bronwyn Moorhouse, speech pathologist, Royal Talbot Rehabilitation Centre

2 Wednesday 16 May

TOPIC: Emerging technologies and rehabilitation of the upper limb: Are we ready?

This lecture will discuss research collected at the Hand Hub – Australia's first publicly funded, technology-based upper limb rehabilitation clinic – and will encourage debate about the place of technology in rehabilitation

PRESENTER: Marlena Klaic, occupational therapy research leader, Melbourne Health,
Senior clinician for acute neurosciences and founding member of the Hand Hub

3 Wednesday 8 August

TOPIC: Changing service models in the NDIS: Key considerations to achieve participation outcomes

This lecture will outline key findings from an NDIS Innovative Workforce Fund project delivered with people with ABI living in Specialist Disability Accommodation (SDA) and their support workforce

PRESENTERS: Libby Callaway, occupational therapist, researcher and senior lecturer at Monash University
Jan Mackey, principal speech pathologist at Applied Communication Skills
Sue Sloan, occupational therapist and clinical neuropsychologist

4 Wednesday 10 October

TOPIC: Music therapy in neurorehabilitation – An overview of current clinical practice and research

In this lecture, Jeanette will present an overview of current research in the area of music therapy and neurorehabilitation, demonstrate different techniques and collaborative approaches with other allied health professionals

PRESENTER: Dr Jeanette Tamplin, music therapist, Royal Talbot Rehabilitation Centre

Venue: Meeting Room 1, Therapy Services Building, Royal Talbot Rehabilitation Centre,
1 Yarra Boulevard, Kew, 3121 (Parking available at centre for \$3)

Time: 8–9.30am. Light breakfast served from 7.30am for an 8am start

Cost: \$30 per lecture or \$100 for the four lecture series



To book, go to:
trybooking.com/TORO

For more information

Contact Helen Jeisman on 9894 7006 or email helen.jeisman@summerfoundation.org.au

Podcasts of our 2017 Breakfast Club series are available at summerfoundation.org.au/lectures-2017



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Wednesday 7 March 2018

Art as a catalyst for change in acquired brain injury

PRESENTERS:

Erica Mainprize, private art therapist, Royal Talbot Rehabilitation Centre

Dr Bronwyn Moorhouse, speech pathologist, Royal Talbot Rehabilitation Centre

About the lecture

Breakfast club audiences will already be well aware of challenges facing individuals with an acquired brain injury (ABI) who exhibit behaviours of concern.

We know these behaviours are multi-layered. They may be precipitated by issues such as impulse control disorder, but also frequently occur in the context of other brain injury sequelae, such as reduced communicative and new learning capacities. In addition, behaviours of concern are compounded by the impersonal and sometimes frightening environments in which many of these individuals live.

In 2013 Erica Mainprize, Dr Bronwyn Moorhouse and other allied health staff piloted a modest group art therapy program on a locked long-stay unit at Royal Talbot Rehabilitation Hospital. Initial findings and observations revealed a range of positive behaviour changes for clients.

Then in 2016, an Austin Medical Research Foundation grant supported Bronwyn, Erica, and a small cross-disciplinary team, to compare the effect of a longer duration on-unit art therapy program with that of a more traditional discussion group.

This lecture will present their preliminary research findings and outline the benefits of art therapy within a more traditional therapeutic framework. It will also explore some of the innovative ways art therapy may enrich life experience for people facing complex challenges following ABI.

About the Presenters

Erica Mainprize is a private art therapist who works 1-1 with ABI clients both at Royal Talbot and in the community. Her passion is to share the adventure of creativity with her clients and to maintain lively enquiry into the many facets, potentials and mechanisms of an emergent discipline that utilises one of the most ancient human drives.

Dr Bronwyn Moorhouse is a speech pathologist who has worked for many years in the field of acquired brain injury. Since 2009, she has been a staff member in the Brain Disorders Program based at Royal Talbot where clients frequently present with complex communicative and cognitive issues combined with serious behavioural challenges impacting on community integration. Bronwyn also works in private practice in the community with those living long term with ABI.



Wednesday 16 May 2018

Emerging technologies and rehabilitation of the upper limb: are we ready?

PRESENTERS:

Marlena Klaic, research leader for occupational therapy at Melbourne Health, senior clinician for acute neurosciences and founding member of the Hand Hub

About the lecture

Rehabilitation of the neurologically impaired upper limb is challenging for both consumers and health professionals.

Published studies suggest that more than 50% of stroke survivors will leave rehabilitation with a non-functional upper limb. We know that cortical changes are experience-dependant and rely on intensity, repetition and engagement.

Emerging technologies, such as gaming and robotic assisted devices, provide an engaging platform for rehabilitation that enable the high numbers of repetition critical for neuroplasticity and functional improvement. However, clinicians are often reluctant to incorporate such technology in practice.

This presentation will discuss research collected as part of the implementation of a publicly funded, technology driven, upper-limb rehabilitation clinic – the Hand Hub. The barriers and facilitators for the uptake of new technology in healthcare settings will be examined in the context of evidence-based practice. This presentation will also encourage debate with the audience about the place of technology in rehabilitation settings.

About the Presenters

Marlena Klaic is the research leader for occupational therapy at Melbourne Health and a senior clinician for acute neurosciences.

She has more than 15 years experience working in neurosciences across all stages of the continuum. Marlena was a core member of the multidisciplinary team that established the Hand Hub and recently authored a paper on the clinical outcomes from the Hand Hub.

Marlena is interested in outcome measures and recently submitted her PhD, Enhancing evidence based practice with allied health clinicians. She is currently leading two multi-site studies related to technology and robotics.



Wednesday 8 August 2018

Changing service models in the ndis: key considerations to achieve participation outcomes following ABI

PRESENTERS:

Libby Callaway, occupational therapist, researcher, senior lecturer, Monash Uni

Jan Mackey, principal speech pathologist, Applied Communication Skills

Sue Sloan, occupational therapist and clinical neuropsychologist

About the lecture

Under the Nationally Disability Insurance Scheme (NDIS), the way that support for people with acquired brain injury (ABI) is delivered has radically changed.

During the roll out of the scheme, significant risks have emerged that challenge a participant's ability to harness the support they need to build participation and independence.

This lecture will outline key findings from an NDIS Innovative Workforce Fund project delivered with people with ABI living in Specialist Disability Accommodation (SDA), and their support workforce.

Part of the presentation will include key outcomes of the project including audit results of the types of activities undertaken by people with ABI living in SDA, development of digital workforce training for the ABI sector, health professional student training models in SDA, definition of allied health assistant models in the NDIS and how to engage people with ABI – and their supporters – in the activities that contribute to an ordinary life.

About the Presenters

Libby Callaway, (BAppSci (OT), MOT) is a registered occupational therapist working as a researcher and senior lecturer in the occupational therapy department at Monash University.

Libby is also the director of a community occupational therapy practice, Neuroskills, for people with severe acquired brain and spinal cord injury. For the past 24 years, Libby has worked in the field of neurotrauma across rehabilitation and community settings in Australia and the USA. Her research interests include housing, technology, and workforce design for people with lifetime care needs resulting from disability.

Libby has published extensively, and consults to the National Disability Insurance Agency and the TAC.

Jan Mackey, is the principal speech pathologist at Applied Communication Skills, specializing in interdisciplinary, community-based rehabilitation for the management of communication disorders in community settings.

Jan has co-authored communication resources that are widely used throughout Australia and the UK. Jan has an ongoing interest in the development and implementation of practical resources for language and social communication, combining the theoretical and practical elements of the skills that underpin successful communication.

Sue Sloan, is a registered occupational therapist and clinical neuropsychologist. Sue established Osborn Sloan & Assoc in 1995, a private practice providing community-based therapy services to people with ABI. In 2013, Sue founded Victoria Community Living (VCL), which provides long-term therapy support to people living in the community and an accommodation service.

Sue is also an Honorary Neuropsychologist in the Austin Hospital Brain Disorders program, collaborates with the Summer Foundation and with Monash University. Sue has co-authored four books and has been published in peer-reviewed journals and also lectures in rehabilitation.



Wednesday 10 October 2018

Music therapy in neurorehabilitation – an overview of current clinical practice and research

PRESENTER:

Dr Jeanette Tamplin, Research Development Fellowship, University of Melbourne and music therapist at the Royal Talbot Rehabilitation Centre

About the lecture

Music Therapy is an allied health profession gaining increasing recognition.

The body of research into music therapy interventions in neurorehabilitation is steadily growing, as was recently demonstrated by the Cochrane review on "Music Interventions for Acquired Brain Injury" published by Dr Jeanette Tamplin and her colleagues in 2017.

In this presentation, Jeanette will provide an overview of current research in the area of music therapy and neurorehabilitation (including a number of projects she is involved with).

Jeanette will also demonstrate a number of unique techniques used by music therapists in rehabilitation, with use of engaging video footage and case vignettes, and will discuss the potential for exciting collaborative and interdisciplinary work between music therapists and other allied health professionals.

About the Presenter

Dr Jeanette Tamplin holds an NHRMC-ARC Dementia Research Development Fellowship at the University of Melbourne and works as a music therapist at the Royal Talbot Rehabilitation Centre - Austin Health.

Jeanette has worked as a music therapist in neurorehabilitation for 20 years and her research in this area focuses on the therapeutic effects of singing, speech and language rehabilitation, therapeutic songwriting, and coping and adjustment following traumatic injury or illness.

In 2016, Jeanette was awarded the Allied Health Early Career Clinician Researcher Award from BioMed Victoria, publishes regularly in international and interdisciplinary refereed journals and co-authored a book with Professor Felicity Baker titled *Music Therapy Methods in Neurorehabilitation: A Clinician's Manual* (Jessica Kingsley Publishers).
