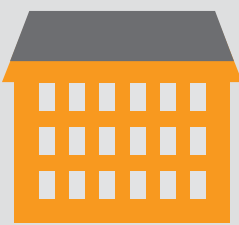


OUTCOMES FOR YOUNGER PEOPLE IN RESIDENTIAL AGED CARE

This report card highlights the six most important outcomes for the National Disability Insurance Scheme (NDIS) to achieve for young people in residential aged care (YPIRAC). The Report Card is compiled and published by the Summer Foundation twice a year.

OUTCOME 1

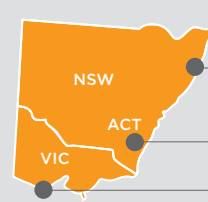


OVERALL ADMISSIONS REDUCED BY 21%

THE NDIS IS REDUCING ADMISSIONS TO RAC OVERALL


Admissions to Residential Aged Care (RAC) across the fully rolled out NDIS sites have reduced by 21%. While this reduction is positive, more than 100 younger people in Hunter, Barwon and the ACT entered RAC in the 2016 financial year despite the NDIS being available.

ADMISSIONS FOR ROLLED OUT NDIS SITES

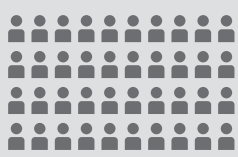


- HUNTER**: ADMISSIONS REDUCED BY **40%**
- ACT**: ADMISSIONS INCREASED BY **20%** DESPITE THE NDIS BEING AVAILABLE
- BARWON**: ADMISSIONS INCREASED BY **20%** DESPITE THE NDIS BEING AVAILABLE


OUTCOME 2



50



TARGET



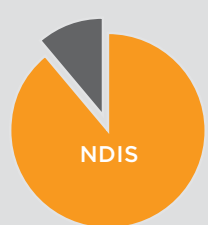
WITH AN NDIS PLAN

ACTUAL

YOUNG PEOPLE IN RAC ARE BECOMING PARTICIPANTS IN THE NDIS

The NDIS planned to have 2000 young people in RAC (YPIRAC) enrolled into the NDIS by the end of the 2017 financial year. As of the end of January 374 YPIRAC held NDIS plans, and 97 YPIRAC who had been found eligible did not yet have an NDIS plan.

OUTCOME 3



● NDIS PARTICIPANTS
● NOT YET IN THE NDIS

THE NDIS IS REACHING YOUNG PEOPLE IN RAC

Where the Summer Foundation's NDIS Connections program is operating, around 90% of young people in RAC have made it into the Scheme. This means that 10% of young people in RAC are missing out even with significant outreach by the Summer Foundation.

OUTCOME 4

Data is not currently available on the number of new dwellings for people with disability created by the NDIS.

THE NDIS IS FOSTERING HOUSING SUPPLY SO THAT YOUNG PEOPLE CAN LEAVE RAC

The Summer Foundation is working on including this measure in future Report Cards.

OUTCOME 5

Data is not currently available on the number of young people who became NDIS participants while living in RAC and have since left RAC.

YOUNG PEOPLE ARE LEAVING RAC TO LIVE IN THE COMMUNITY

The Summer Foundation is working on including this measure in future Report Cards.

OUTCOME 6

Data is not currently available on the number of changes in quality of life for younger people in RAC.

THE NDIS IS IMPROVING YOUNG PEOPLE'S QUALITY OF LIFE

La Trobe University is collecting this data through a longitudinal study into NDIS participants who were living in RAC. The first round of data is expected to be available in October 2017.

MEASURING NDIS OUTCOMES FOR YOUNGER PEOPLE IN RAC

The NDIS is a once in a generation opportunity to resolve the issue of younger people in residential aged care (RAC).

The Summer Foundation has collated the six most critical outcomes that the NDIS should be achieving for young people in RAC. This Report Card is compiled twice a year, with data from the following sources.

OUTCOME 1	The NDIS is reducing admissions to RAC	Number of new admissions to RAC in operational NDIS sites, compared with admissions in the previous year	AIHW Data for 2013 and 2016 financial years
OUTCOME 2	Young people in RAC are becoming participants in the NDIS	Number of eligible younger people in RAC who became NDIS participants in NDIS sites, compared with the expected number of younger people in RAC who were scheduled to become participants	NDIA Data provided to Senate Estimates, October 2016 and March 2017
OUTCOME 3	The NDIS is reaching young people in RAC	Number of young people in RAC in NDIS sites who are not yet NDIS participants	NDIA Data provided to Senate Estimates October 2016
OUTCOME 4	The NDIS is fostering housing supply so that young people can leave RAC	Number of new SDA dwellings enrolled with the NDIS	NDIA Data not yet available
OUTCOME 5	Young people are leaving RAC to live in the community	Number of young people who became NDIS participants while living in RAC and have since left RAC	NDIA data not yet available
OUTCOME 6	The NDIS is improving young people's quality of life	Improvements to health-related quality of life indicators for younger people in RAC	La Trobe longitudinal evaluation data not yet available

ACCESS TO THE NDIS REMAINS A BARRIER FOR MANY YOUNGER PEOPLE



John* is typical of many younger people in residential aged care (RAC) who are socially isolated and are not likely to be aware of the NDIS. A dedicated outreach support function is required to ensure people like John make it into the NDIS.

JOHN'S STORY*

John, a 56-year-old man, had been living independently with council assistance until he was hospitalised for a medical event associated with a progressive neurological disability. While in hospital John's housing arrangements broke down and he was discharged to residential aged care (RAC). A Summer Foundation NDIS Connections Officer visited his RAC looking for residents aged under 65 years and eligible for the NDIS. She was introduced to John. The Summer Foundation NDIS Connections Officer provided John with information about the NDIS. John said he would like to be able to access supports to return to live in the community. The Summer Foundation NDIS Connections Officer called the NDIS for an Access Request Form (ARF). The NDIS said they were aware of John, but that his status was "phase in declined", as the NDIA's attempts to make contact with John via phone had been unsuccessful so they had "shut the case." The Summer Foundation NDIS Connections Officer requested a new ARF, explaining that John was in hospital when they had phoned him, and that he was keen to join the scheme and exit RAC. The Summer Foundation NDIS Connections Officer obtained a new ARF from the NDIS, filled it out with John, and submitted it to the NDIS. The Summer Foundation NDIS Connections Officer then worked with John to prepare for his NDIS planning meeting.

THE PATHWAY FROM HOSPITAL BACK TO THE COMMUNITY APPEARS MORE CHALLENGING AS A RESULT OF THE NDIS



The majority of younger people in residential aged care (RAC) enter straight from a hospital setting. An effective pathway from hospital back to the community is essential to reduce the number of younger people in RAC. Experience from the ground is showing that the NDIA's timeline for allocating funding is not fast enough and hospitals are required to discharge people into RAC.

MICHELLE'S STORY*

Michelle, a 42 year-old-woman, had a stroke in May 2015. A discharge planner working on the neurological rehabilitation ward, contacted the NDIS via the 1800 number but couldn't get through to the NDIA Access Team. She made three attempts a week for three weeks before being told to send an email, which she did. The discharge planner received and submitted Michelle's Access Request Form in August 2015. Michelle was informed of her eligibility in Jan 2016 and her planning meeting was held in May 2016.

NEW HOUSING OPTIONS ARE EMERGING FOR SOME YOUNGER PEOPLE TO LEAVE RAC



A lack of housing is a fundamental barrier to many younger people leaving residential aged care (RAC). The NDIS is funding the costs associated with specialised housing for younger people in RAC. While Tom* has been able to access appropriate housing, many younger people have NDIS funding but no home to go to.

TOM'S STORY*

Tom was a 38-year-old married father of four, a truck driver and volunteer fire fighter when he suffered a series of strokes. While in rehabilitation Tom's marriage broke down and his only discharge option was to live with his aging parents where he would be cared for by his mother. The death of Tom's father meant Tom's mother was no longer able to care for Tom, and he was admitted to RAC at the age of 42.

Tom knew he didn't belong in RAC. He struggled with the food, his loss of independence and a near total loss of control over all aspects of his life. He responded to his situation by isolating himself in his room.

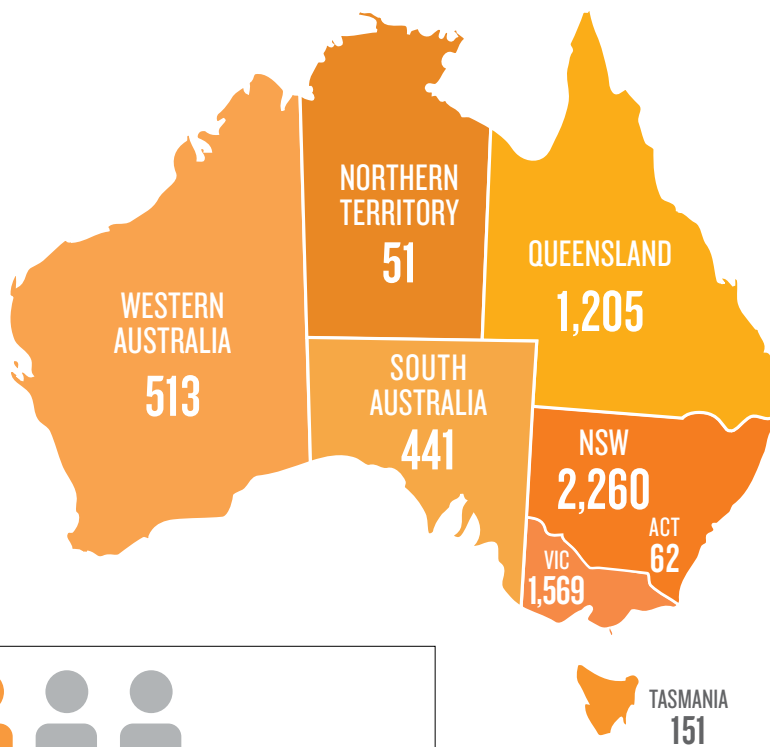
After six years in RAC, despite feeling thoroughly institutionalised and concerned that he may not cope with the change, Tom took up the opportunity to move to specialist disability accommodation (SDA) and embarked on a journey back to living in the community.

Tom is moving into a specialised apartment fitted with supportive technology where he will be able to do the simple things again like make his own breakfast. For Tom the true indicator of his successful transition back to the community will be spending quality time with his children again.

DATA SNAPSHOT OF YOUNGER PEOPLE IN RAC

AIHW data for 2016 financial year

Age	Australia	NSW	VIC	QLD	WA	SA	TAS	ACT	NT
0-49	555	201	138	119	42	39	12	—	4
50-54	777	302	194	152	57	38	15	7	12
55-59	1,582	592	399	283	123	114	42	18	11
60-64	3,338	1,165	838	651	291	250	82	37	24
TOTAL <65	6,252	2,260	1,569	1,205	513	441	151	62	51



ALMOST ONE IN THREE YOUNG PEOPLE IN RESIDENTIAL AGED CARE (2,058) ARE SCHEDULED TO TRANSITION INTO THE NATIONAL DISABILITY INSURANCE SCHEME IN THE 2017 FINANCIAL YEAR.

OVER 6,200

YOUNGER PEOPLE UNDER 65 CURRENTLY LIVING IN RESIDENTIAL AGED CARE ACROSS AUSTRALIA

OVER 500

PEOPLE UNDER 50 LIVING IN RESIDENTIAL AGED CARE ACROSS AUSTRALIA

NEARLY 200

PEOPLE UNDER 50 ARE AT RISK OF ADMISSION TO RESIDENTIAL AGED CARE EACH YEAR IN AUSTRALIA