

# SUMMER FOUNDATION NEWS



A MESSAGE FROM THE CEO

## Welcome to our first newsletter of the year.

2016 is set to be another big year for the Summer Foundation. The National Disability Insurance Scheme (NDIS) will roll out across Australia from July and we look forward to seeing the benefits it will bring to many Australians with disability.

In the coming months, the ten apartments we purchased for people with disability in the Hunter Housing and Support Demonstration Project, will be built. In amongst a 110-unit private development, these apartments will be concrete examples of alternatives for young people living in nursing homes. Read more on page 3.

Increasing the range and scale of affordable and accessible housing is paramount, as is ensuring that young people can easily access and engage with the NDIS. Read about our NDIS connections work on page 3. But preventing new admissions into nursing homes is the goal. However, without increased access to proactive health services that can sustain community living, this may not be possible for many people, and it may undermine the overall effectiveness of the NDIS. We are working with discharge planners to understand how to address the gap. Read more on page 2.

The Summer Foundation is happy to be hosting the Breakfast Club lecture series again in 2016. Targeting professionals working in the field of Acquired Brain Injury (ABI), the series is an opportunity to learn about the latest in research and clinical practice. The first lecture is one week away – so book now at [trybooking.com/KGIV](http://trybooking.com/KGIV) or by calling 1300 626 560.

Thank you for your ongoing support in 2016.

Warm regards,

Di Winkler  
CEO and Founder

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## DISCHARGE PLANNERS FORUMS

Established in 2014, Summer Foundation discharge planners forums were set up with the aim of preventing new admissions of young people to nursing homes. These forums focus on health workers, and address the issue of the immense pressure to discharge patients from hospital into nursing homes.

After a successful forum in the Barwon region in December 2015, the Summer Foundation has turned its focus to holding more forums in NDIS trial sites, where there is a higher potential to address the needs of young people with disability and connect them to the NDIS.

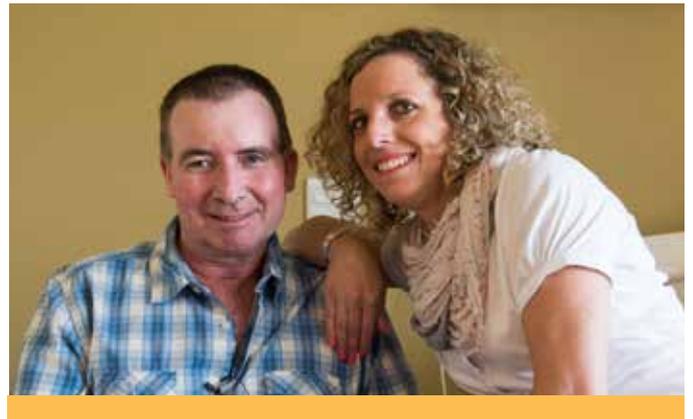
These forums have shed light on the pressure on hospitals to reduce costs by discharging patients with complex care needs. They have also revealed a lack of education about the NDIS among health workers.

The Summer Foundation looks forward to holding more of these forums in the lead up to NDIS rollout in the trial sites of the ACT, Perth and the Hunter region of NSW.

### Find out more

If you'd like to find out more email us at:

✉ [info@summerfoundation.org.au](mailto:info@summerfoundation.org.au)



## NDIS ENGAGEMENT AND OUTCOMES

Since July 2013, an increasing number of people living in National Disability Insurance Scheme (NDIS) trial sites have begun the process of connecting to, and engaging with the NDIS.

From July this year, the NDIS will move beyond the current trial sites. In anticipation of the start of this rollout, there is immense value in capturing and sharing the experience of those who've already begun their NDIS journeys.

Six young people with disability, 11 family members and a Residential Aged Care (RAC) service provider were recently supported by the Summer Foundation to share their NDIS stories. Their experiences, outcomes and wisdom will provide hope, advice and insight to those about to commence their NDIS journey.

“ [THE NDIS] HAS GIVEN SHANE A PIECE OF HIS LIFE BACK THAT HE DESERVES. ”  
JANELLE

Each of the storytellers has taken the time to record their experiences in the hope their stories will help not only people with disability and families as they prepare for the NDIS, but that their experiences will contribute to shaping the NDIS as it continues to evolve.

We look forward to sharing these powerful, personal NDIS accounts, and invite you to view Shane and Janelle's story.

🌐 [youtube.com/watch?v=6BAIcHHMKbw](https://www.youtube.com/watch?v=6BAIcHHMKbw)



## NDIS CONNECTIONS PROGRAM

The Summer Foundation's NDIS Connections program aims to identify all young people in nursing homes (YPINH) living in NDIS trial sites and assist them to connect to the NDIS.

Many young people feel hidden away in the aged care sector and unaware of the supports and services that may be available to them. The NDIS connections team goes from nursing home to nursing home to proactively search for young people in order to make them aware of their potential eligibility. This program has become highly important in improving the quality of life of YPINH.

Families and individuals have reported excellent outcomes from the program. Connecting to the NDIS has given individuals renewed independence in a number of ways, from having the support to leave the nursing home and re-join the community, to gaining funds for life-changing equipment. The program is enabling the Summer Foundation to influence the rollout of the NDIS so that it takes into account the needs of YPINH.

Through this work, the Summer Foundation has forged strong links to NDIS local and national offices, service providers, health services, aged care providers, and advocacy and peer support organisations.

To find out more about the NDIS Connections program visit [summerfoundation.org.au/get-help/ndis-connections-project/](http://summerfoundation.org.au/get-help/ndis-connections-project/)



## HOUSING PROJECT UPDATE

In the first half of 2016 we will see the completion of the apartments for the Summer Foundation's Housing and Support Demonstration Project in the Hunter Region of NSW.

We have had 35 formal applications from people wanting to live in one of the project units and we have been systematically assessing all applications. We are also in the process of finalising the appointment of the tenancy and property manager for the project units.

We are very pleased to announce that Ability Options has been selected as the support provider for the initial two-year establishment and implementation phase of the Demonstration Project.

Ability Options has a strong presence in the Hunter NDIS trial site and supports over 300 NDIS participants. They will have a key role in the development and implementation of the support model and its refinement through participation in ongoing action research and formal evaluation.

In order for others in the sector to replicate this model of housing, it is important for people to see and experience accessible and adaptable design, along with smart home and communications technology. To enable this, two fully fitted out apartments will be opened as display units for six months allowing the Summer Foundation to conduct guided tours.

To register your interest in a guided tour of the display units in the Hunter Housing Demonstration Project during 2016 please email [housinginfo@summerfoundation.org.au](mailto:housinginfo@summerfoundation.org.au) or call 1300 626 560.

The Summer Foundation would like to thank the Colonial Foundation for its generous contribution that will assist the Summer Foundation to use two apartments temporarily as display units, and for funding of two videos: to showcase the smart home technology and to show the built design through a virtual tour.

# Breakfast Club

## Lecture Series 2016

Starts 16 March 2016



**The Summer Foundation Breakfast Club Lecture Series is an opportunity for professionals working in the area of brain injury rehabilitation to increase their knowledge about the latest research and clinical practice.**

We are excited to present the 2016 program. On 16 March, Pam Ross, Grade 4 Senior Occupational Therapist, Driving and Vocational Rehabilitation Coordinator at Epworth Rehabilitation will be presenting the first lecture on *Return to Driving after Traumatic Brain Injury*. On 18 May, Dr Kate Gould and Amelia Hicks, both of Monash Epworth Rehabilitation Research Centre, will present the second Breakfast Club Lecture on *Behaviours of Concern Following Traumatic Brain Injury*.

**VENUE:** Royal Talbot Rehabilitation Centre,  
1 Yarra Boulevard, Kew, 3121

**TIME:** 8.00am. Breakfast from 7.30am

**COST:** \$30 per lecture or \$100 for the four lecture series

**BOOK NOW TO RESERVE YOUR PLACE FOR AN INDIVIDUAL LECTURE OR THE FULL 2016 SERIES**

 [www.trybooking.com/KGIV](http://www.trybooking.com/KGIV)

**Find out more:**  [summerfoundation.org.au/event/breakfast-club-lecture-series-2016/](http://summerfoundation.org.au/event/breakfast-club-lecture-series-2016/)

## HOW DOES A 23 YEAR OLD END UP IN AN AGED CARE NURSING HOME?



### ADSHEL ADVERTISING SPACE

In February, the Summer Foundation was selected by Adshel to receive \$12,000 worth of advertising space at 7-Eleven stores in Melbourne, Sydney and Newcastle.

From 21 March, selected 7-Eleven stores will feature Summer Foundation posters that raise awareness about the issue of young people living in nursing homes.

If you live in Melbourne, Sydney or Newcastle, look out for these posters at your local 7-Eleven store.

## THANK YOU

The Summer Foundation would like to thank the following organisations for their contributions to the Hunter Housing Demonstration Project:

- Sigma Pharmaceuticals for donating \$20,000 from their Christmas giving program
- Bosch Australia for donating 10 washing machines for the apartments
- Meyer Australia Pty Ltd for donating 10 induction cookware and kitchen utensil sets

We would also like to thank Simpson and Fisher & Paykel for proving heavily discounted items. To find out more about how you or your organisation can contribute visit  [summerfoundation.org.au/get-involved/](http://summerfoundation.org.au/get-involved/)